

Year	Age	Sex	Height (cm)	Weight (kg)	Body Fat (%)	VO ₂ max (ml/kg/min)	Max HR (b/min)	Max Power (W)	Max Torque (Nm)	Max Force (N)
1991	21	M	175	75	15	45	180	150	120	100
1992	22	M	176	78	16	46	185	155	125	105
1993	23	M	177	80	17	47	190	160	130	110
1994	24	M	178	82	18	48	195	165	135	115
1995	25	M	179	85	19	49	200	170	140	120
1996	26	M	180	88	20	50	205	175	145	125
1997	27	M	181	90	21	51	210	180	150	130
1998	28	M	182	92	22	52	215	185	155	135
1999	29	M	183	95	23	53	220	190	160	140
2000	30	M	184	98	24	54	225	195	165	145
2001	31	M	185	100	25	55	230	200	170	150
2002	32	M	186	102	26	56	235	205	175	155
2003	33	M	187	105	27	57	240	210	180	160
2004	34	M	188	108	28	58	245	215	185	165
2005	35	M	189	110	29	59	250	220	190	170
2006	36	M	190	112	30	60	255	225	195	175
2007	37	M	191	115	31	61	260	230	200	180
2008	38	M	192	118	32	62	265	235	205	185
2009	39	M	193	120	33	63	270	240	210	190
2010	40	M	194	122	34	64	275	245	215	195
2011	41	M	195	125	35	65	280	250	220	200
2012	42	M	196	128	36	66	285	255	225	205
2013	43	M	197	130	37	67	290	260	230	210
2014	44	M	198	132	38	68	295	265	235	215
2015	45	M	199	135	39	69	300	270	240	220
2016	46	M	200	138	40	70	305	275	245	225
2017	47	M	201	140	41	71	310	280	250	230
2018	48	M	202	142	42	72	315	285	255	235
2019	49	M	203	145	43	73	320	290	260	240
2020	50	M	204	148	44	74	325	295	265	245
2021	51	M	205	150	45	75	330	300	270	250
2022	52	M	206	152	46	76	335	305	275	255
2023	53	M	207	155	47	77	340	310	280	260
2024	54	M	208	158	48	78	345	315	285	265
2025	55	M	209	160	49	79	350	320	290	270
2026	56	M	210	162	50	80	355	325	295	275
2027	57	M	211	165	51	81	360	330	300	280
2028	58	M	212	168	52	82	365	335	305	285
2029	59	M	213	170	53	83	370	340	310	290
2030	60	M	214	172	54	84	375	345	315	295
2031	61	M	215	175	55	85	380	350	320	300
2032	62	M	216	178	56	86	385	355	325	305
2033	63	M	217	180	57	87	390	360	330	310
2034	64	M	218	182	58	88	395	365	335	315
2035	65	M	219	185	59	89	400	370	340	320
2036	6									

TRACT 3
96 +/- Acres

TRACT 4
40.6 +/- Acres

- [illegible]

[illegible]

Referenced to New Survey 89-682
Other Sources: DB 5161 318, DB 564 P 64, DB 158 P 165, DB 470P 324,
 DB 520P 51, DB 711 P 328, DB 717 P 354, DB 7719 P 331, DB 6081 19,
 DB 745 P 333, DB 827 P 328, DB 827 P 328, DB 1658 P 162, DB 3091 31,
 DB 779 P 154, DB 486 P 216, DB 302 P 204, DB 364 P 64, DB 7408 P 242,
 DB 838 P 255, DB 610 P 308, Survey by J. Croft, Sargent & Zanes
 All Bearings and Distances along Crooks and
 Right-of-Ways are Chord Bearings and Distances
 Mines, Some Metal or Timber Roads, Portions of Crook, Interior Fence, Italy
 Paved, Twp 1 or Interior Exchange Not Located
 Partial or Entirely Located in the Township of Purgatoire Only
 Needs with Flaggings are Reference Points for the Survey and have No Relation to
 the Boundary Utility Other than Indication

0000 Suburban Street Baltimore Bg, Md. 21208 Life insurance ... will will unless signed to and by it changed with authorized	
PROPERTY OF ALEX COOLEY PROPERTY FINANCIAL SERVICES, INC.	
DATE 11-20-90 11-20-90 11-20-90 11-20-90 11-20-90	ONLY AND REMAINING, BY ALEX COOLEY 11-20-90
11-20-90 11-20-90	11-20-90 11-20-90