Professional Bio for Karen Poteat

Karen Poteat has been a Licensed Practical Nurse for over 25 years and is certified as both a Developmental Disabilities and a Gerontology Specialist. She has also been recognized as a Dementia Specialist by the SC Lieutenant Governor’s Office on Aging.

Karen is the owner of Aiken Active Srs. and Club Thrive Senior Activity Center. Aiken Active Srs. was recognized as a Small Business Champion by SAMS Club and SCORE in a national competition and was recognized as a Small Business Success Story of the Year by SCORE. In 2015, Aiken Active Seniors was chosen as the Gr. Aiken Chamber of Commerce Small Business of the Year. Club Thrive is the only Sr. Center in the US that is intentionally designed to be dementia-friendly. Ms. Poteat recently created Confetti for Your Brain, a public resource for information to help people of all ages keep their brains healthy. She is the founder of Brain Stim Cognitive Engagement Program which supplies assisted living communities, in-home care agencies, and other senior care providers a research-driven cognitive activity plan specifically for seniors with mild to moderate cognitive changes.

Poteat is a 2015 graduate of Leadership Aiken County. She served as an Ambassador for the Gr. Aiken Chamber of Commerce for 3 years. She was elected to the Chamber’s Board of Directors in 2016 and has recently been appointed to a second term. Ms. Poteat also serves on the Advisory Board for Goodwill of Aiken County, the Foundation Board of Trustees for Aiken Technical College, The Rotary Club of Aiken Board of Directors, and the Sr. Commission for the City of Aiken.